# Main Menu – Week 1

**w/c 2nd Nov / 23rd Nov / 14th Dec / 18th Jan / 15th Feb / 8th Mar**

| Category | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Course | Chicken Curry<br>or<br>(VE) Quorn Curry | Italian Style Pasta Bolognese<br>or<br>(VE) Vegan Bolognese | BBQ Pulled Pork in a Bun<br>or<br>(VE) BBQ Quorn Fillet in a Bun | Roast Chicken & Yorkshire Pudding<br>or<br>(VE) Roast Quorn Fillet & Yorkshire Pudding | Italian Theme Day<br>(V) Margarita Pizza |
| Sides & Vegetables | Steamed Rice<br>½ Naan Bread<br>Farmhouse Mixed Veg | Baby Carrots<br>Crusty Roll | Oven Baked Wedges<br>Sweetcorn | Mashed Potatoes<br>Broccoli & Carrots<br>Gravy | Tomato Sauce<br>Chips<br>Baked Beans / Garden Peas |
| Dessert | (V) Chocolate Crunch & Custard<br>(VE) Fruit or<br>(V) Yoghurt | (V) Fruit Muffin<br>(VE) Fruit or<br>(V) Yoghurt | (V) Frosted Chocolate Cake<br>(VE) Fruit or<br>(V) Yoghurt | (V) Ginger Biscuit & Fruit<br>(VE) Fruit or<br>(V) Yoghurt | (V) Ice Cream & (VE) Fruit<br>(VE) Fruit or<br>(V) Yoghurt |

⚠ **Allergen & Dietary Information Key**: (V) Vegetarian | (VE) Vegan | (GF) Gluten-Free | (DF) Dairy-Free

# Main Menu – Week 2

**w/c 9th Nov / 30th Nov / 4th Jan / 25th Jan / 22nd Feb / 15th Mar**

| Category | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Course | (V) Cheese & Tomato Pasta | Chicken Goujon Wrap<br>or<br>(VE) Quorn Nugget Wrap | Chinese Style Pork<br>or<br>(VE) Chinese Style Quorn | Braised Beef & Yorkshire Pudding<br>Or<br>(VE) Braised Quorn & (V) Yorkshire Pudding | Italian Theme Day<br>(V) Margarita Pizza |
| Sides & Vegetables | Crusty Roll<br>Winter Salad<br>Mixed Veg | Oven Baked Crispy Sliced Potatoes<br>Peas | Steamed Rice<br>Sweetcorn | Mashed Potatoes<br>Broccoli & Baby Carrots | Tomato Sauce<br>Chips<br>Baked Beans or Garden Peas |
| Dessert | (V) Madeline Sponge & Custard<br>or<br>(VE) Fruit or (V) Yoghurt | (V) Chocolate Crackle<br>or<br>(VE) Fruit or (V) Yoghurt | (V) Shortcake Sultanas & Custard<br>or<br>(VE) Fruit or (V) Yoghurt | (VE) Oaty Biscuit & (VE) Peaches<br>or<br>(VE) Fruit or (V) Yoghurt | (V) Ice Cream & (VE) Fruit<br>or<br>(VE) Fruit or (V) Yoghurt |

⚠ **Allergen & Dietary Information Key**: (V) Vegetarian | (VE) Vegan | (GF) Gluten-Free | (DF) Dairy-Free

# Main Menu – Week 3

**w/c 16th Nov / 7th Dec / 11th Jan / 1st Feb / 1st Mar**

| Category | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Course | (V) Margarita Pizza | Sausage Potato Topped Pie<br>Or<br>(VE) Quorn Sausage Potato Topped Pie | Beef Lasagne<br>or<br>(V) Quorn Lasagne | Chicken & Stuffing<br>or<br>(VE) Roast Quorn Fillet & Stuffing | Battered Fish<br>Or<br>(VE) Rainbow Dippers |
| Sides & Vegetables | Oven Baked Wedges<br>Baked Beans | Farmhouse Mixed Vegetables | Garlic Bread<br>Sweetcorn | Oven Baked Roast Potatoes<br>Broccoli & Baby Carrots<br>Gravy | Tomato Sauce<br>Chips<br>Garden Peas |
| Dessert | (V) Sliced Banana & Caramel Mousse<br>(VE) Fruit or<br>(V) Yoghurt | (V) Chocolate & Pear Sponge with Meadowland<br>(VE) Fruit or (V) Yoghurt | (VE) Mango Smoothie & Mandarins<br>(VE) Fruit or<br>(V) Yoghurt | (V) Iced Vanilla Sponge<br>(VE) Fruit or<br>(V) Yoghurt | (V) Wellington Fudge & Custard<br>(VE) Fruit or<br>(V) Yoghurt |

⚠ **Allergen & Dietary Information Key**: (V) Vegetarian | (VE) Vegan | (GF) Gluten-Free | (DF) Dairy-Free