



Prior Learning	
<p>This unit will build on the children’s existing knowledge of gymnastics. Prior learning will consist of how to roll and jump in a variety of ways and how to combine a selection of movements to create a gymnastics sequence individually and with a partner.</p>	
Key vocabulary for this unit	
<p>Pike jump Straight jump half turn Cat leap Forward roll Backward roll Chassis step Squat on vault</p>	
Learning Sequence	
Jumps and Leaps	<ul style="list-style-type: none"> To perform a range of jumps accurately.
Rolls	<ul style="list-style-type: none"> To accurately perform a forward roll from standing and a tucked backward roll.
Vaulting	<ul style="list-style-type: none"> To perform a squat on vault accurately.
Handstands and Cartwheels	<ul style="list-style-type: none"> To perform a lunge into handstand and a cartwheel accurately.
Linking Movements	<ul style="list-style-type: none"> To link movements together by performing a chassis step, straight jump half-turn and cat leap
Performance	<ul style="list-style-type: none"> To create and perform a gymnastics sequence with a partner.
Assessment milestones	
Working Gymnastically:	Gymnastic Skills:
<ul style="list-style-type: none"> To perform movements which show control. 	

- To link a series of movements together to create a longer sequence.
- To practise and refine their movements as well as advise others around them.

- Describe how to perform a forwards roll from standing, a tucked backwards roll, a cartwheel, a handstand and a squat on vault.