**P.E. – Summer Yr 3 /** **4**

**OAA and Striking and Fielding**

OAA

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| Prior Learning  |
| Orientate themselves with increasing confidence and accuracy around a short trailIdentify and use effective communication to work as a teamIdentify symbols used on a keyBegin to choose equipment which is appropriate for an activityBegin to complete activities in a set amount of timeBegin to offer an evaluation of personal performances and activitiesDescribe how a performance has improved over time |
| Key vocabulary for this unit |
| OAA, outdoor adventurous activities, scavenger hunt, teamwork, communication, obstacle, course, challenge, following instructions, verbal, non-verbal, cooperation, agility, balance, coordination |
| Learning Sequence |
| **Scavenger Hunts** | * To work together with others on different scavenger hunt activities.
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| **Teamwork and Problem-Solving** | * To work with others, developing problem-solving skills
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| **Blindfolded Challenges** | * To communicate effectively with others to complete blindfolded challenges.
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| **Mapwork** | * To read, follow and understand maps.
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| **Mapping the Stars** | * To take part in an orienteering exercise.
* To demonstrate different sporting values and qualities.
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| **Outstanding Orienteering** | * To set up a simple orienteering course for others to follow.
* To navigate around space with growing confidence.
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| Assessment milestones |
| **Working Physically:*** To demonstrate a range of elements of effective teamwork, generally working well as part of a team
* To communicate effectively and generally work well as part of a team;
* To usually solve problems by working well as part of a team;
* To demonstrate effective listening and following of directions during team activities;
 | **OAA Skills:*** To understand and talk about at least two different features of a map;
* To orientate and follow a simple map;
* To identify a control marker, control point and control card and explain what they are;
* To draw a simple mini orienteering map;
* To set up four control markers and add them to a map.
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**PE – Striking and Fielding**

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| Prior Learning  |
| Demonstrate successful hitting and striking skills. Practise the correct batting technique and use it in a game. Strike the ball for distance. Perform a range of catching and gathering skills with control. Throw a ball in different ways (e.g. high, low, fast or slow). Pass the ball in two different ways in a game situation with some success. Find a useful space and get into it to support teammates. Use simple attacking and defending skills in a game. Use fielding skills to stop a ball from travelling past them |
| Key vocabulary for this unit |
| Striking and fielding, ball, bat, batsman, batting, block, boundary, bowler, bowling, bye, catch, crease, drive, fielding, grip, infield, innings, kwik cricket, no-ball, out, over, overarm, pathway, pitch, stumps, trajectory, wicketkeeper, wide, batter, outfield, forward defensive, stance, square cut, pull shot |
| Learning Sequence |
| **Catches Win Matches** | * To use correct techniques for catching a ball when fielding in cricket.
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| **Stop and Throw** | * To use an overarm throw to hit a target with accuracy.
* To use the long barrier technique to stop a rolling ball.
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| **Super Striking – Defending** | * To learn defensive hitting techniques for batting in cricket.
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| **Super Striking – Attacking** | * To learn attacking hitting techniques for batting in cricket.
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| **Bowled Over** | * To learn the correct technique for bowling overarm in cricket from a standing position.
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| **Kwik Cricket** | * To know and apply the rules of Kwik Cricket during a game.
* To use a range of fielding, batting and bowling skills in a Kwik Cricket match.
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| Assessment milestones |
| **Working Physically:*** To use a range of attacking and defending skills and techniques in a game with increasing control and accuracy.
* To adapt rules to alter games.
 | **Striking and Fielding Skills:*** To develop different ways of throwing and catching.
* To make the best use of space to catch and receive a ball.
* To use fielding skills as an individual to prevent a player from scoring.
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