**P.E. – Summer Yr 3 /** **4**

**OAA and Striking and Fielding**

OAA

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| Prior Learning | | |
| Orientate themselves with increasing confidence and accuracy around a short trail  Identify and use effective communication to work as a team  Identify symbols used on a key  Begin to choose equipment which is appropriate for an activity  Begin to complete activities in a set amount of time  Begin to offer an evaluation of personal performances and activities  Describe how a performance has improved over time | | |
| Key vocabulary for this unit | | |
| OAA, outdoor adventurous activities, scavenger hunt, teamwork, communication, obstacle, course, challenge, following instructions, verbal, non-verbal, cooperation, agility, balance, coordination | | |
| Learning Sequence | | |
| **Scavenger Hunts** | * To work together with others on different scavenger hunt activities. | |
| **Teamwork and Problem-Solving** | * To work with others, developing problem-solving skills | |
| **Blindfolded Challenges** | * To communicate effectively with others to complete blindfolded challenges. | |
| **Mapwork** | * To read, follow and understand maps. | |
| **Mapping the Stars** | * To take part in an orienteering exercise. * To demonstrate different sporting values and qualities. | |
| **Outstanding Orienteering** | * To set up a simple orienteering course for others to follow. * To navigate around space with growing confidence. | |
| Assessment milestones | | |
| **Working Physically:**   * To demonstrate a range of elements of effective teamwork, generally working well as part of a team * To communicate effectively and generally work well as part of a team; * To usually solve problems by working well as part of a team; * To demonstrate effective listening and following of directions during team activities; | | **OAA Skills:**   * To understand and talk about at least two different features of a map; * To orientate and follow a simple map; * To identify a control marker, control point and control card and explain what they are; * To draw a simple mini orienteering map; * To set up four control markers and add them to a map. |

**PE – Striking and Fielding**

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| Prior Learning | | |
| Demonstrate successful hitting and striking skills.  Practise the correct batting technique and use it in a game.  Strike the ball for distance.  Perform a range of catching and gathering skills with control.  Throw a ball in different ways (e.g. high, low, fast or slow).  Pass the ball in two different ways in a game situation with some success.  Find a useful space and get into it to support teammates. Use simple attacking and defending skills in a game.  Use fielding skills to stop a ball from travelling past them | | |
| Key vocabulary for this unit | | |
| Striking and fielding, ball, bat, batsman, batting, block, boundary, bowler, bowling, bye, catch, crease, drive, fielding, grip, infield, innings, kwik cricket, no-ball, out, over, overarm, pathway, pitch, stumps, trajectory, wicketkeeper, wide, batter, outfield, forward defensive, stance, square cut, pull shot | | |
| Learning Sequence | | |
| **Catches Win Matches** | * To use correct techniques for catching a ball when fielding in cricket. | |
| **Stop and Throw** | * To use an overarm throw to hit a target with accuracy. * To use the long barrier technique to stop a rolling ball. | |
| **Super Striking – Defending** | * To learn defensive hitting techniques for batting in cricket. | |
| **Super Striking – Attacking** | * To learn attacking hitting techniques for batting in cricket. | |
| **Bowled Over** | * To learn the correct technique for bowling overarm in cricket from a standing position. | |
| **Kwik Cricket** | * To know and apply the rules of Kwik Cricket during a game. * To use a range of fielding, batting and bowling skills in a Kwik Cricket match. | |
| Assessment milestones | | |
| **Working Physically:**   * To use a range of attacking and defending skills and techniques in a game with increasing control and accuracy. * To adapt rules to alter games. | | **Striking and Fielding Skills:**   * To develop different ways of throwing and catching. * To make the best use of space to catch and receive a ball. * To use fielding skills as an individual to prevent a player from scoring. |