P.E.

Year 2 – Summer Term

Ball Skills

Team Games

Athletics

|  |
| --- |
| Links to other subject units this term |
| There are links to PSHCE as we reinforce team skills and look at cooperating and considering others whom we play with and play opposite in a team game situations. |
| Prior Learning  |
| The skills required to complete each of these physical activities will build upon those undertaken in the Autumn and Spring terms. |
| Key vocabulary for this unit |
| throw, high, low, aim, fast, slow, safely, step, bounce, catch jump, leap, hop, repeat, run, target, overarm, underarm, walking, jogging, accelerate, push, take off, landing, avoid, track a ball, roll, strike, free space, own space, opposite, team, follow, speed, direction, pass, control, shoot, score |
| Learning Sequence |
| **Ball skills** | * Use hand eye coordination to control a ball
* Throw and catch different objects (beanbags, balls, quoits)
* Model and practice how to throw and catch with a partner
 |
| **Team games** | * Show awareness of opponents and team-mates when playing games
* Perform the basic skill of striking a ball with confidence
* Apply these skills in a variety of simple games
* Be able to throw and catch a ball with a team member
* Know and understand the term intercept
* Make choices about appropriate targets, space and equipment
* Use a variety of simple tactics
* Be able to catch a moving ball
 |
| **Athletic Skills – Sports Day** | * Be able to attempt a variety of throwing techniques in order to improve accuracy
* Know and understand how the position of the body affects throwing performance
* Develop fundamental movement skills, becoming increasingly competent and confident
* Access a broad range of activities to extend their agility, balance and coordination
* Engage in competitive and cooperative physical activities in a range of increasingly challenging situations
* Know and understand how different jumping techniques affect distance travelled
 |
| Assessment milestones |
| * Master basic movements including running, jumping, throwing and catching
* Develop balance, agility and co-ordination, and begin to apply these in a range of activities
* Participate in team games, developing simple tactics for attacking and defending
* Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
 |