P.E.

Year 2 – Summer Term

Ball Skills

Team Games

Athletics

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| Links to other subject units this term | |
| There are links to PSHCE as we reinforce team skills and look at cooperating and considering others whom we play with and play opposite in a team game situations. | |
| Prior Learning | |
| The skills required to complete each of these physical activities will build upon those undertaken in the Autumn and Spring terms. | |
| Key vocabulary for this unit | |
| throw, high, low, aim, fast, slow, safely, step, bounce, catch jump, leap, hop, repeat, run, target, overarm, underarm, walking, jogging, accelerate, push, take off, landing,  avoid, track a ball, roll, strike, free space, own space, opposite, team, follow, speed, direction, pass, control, shoot, score | |
| Learning Sequence | |
| **Ball skills** | * Use hand eye coordination to control a ball * Throw and catch different objects (beanbags, balls, quoits) * Model and practice how to throw and catch with a partner |
| **Team games** | * Show awareness of opponents and team-mates when playing games * Perform the basic skill of striking a ball with confidence * Apply these skills in a variety of simple games * Be able to throw and catch a ball with a team member * Know and understand the term intercept * Make choices about appropriate targets, space and equipment * Use a variety of simple tactics * Be able to catch a moving ball |
| **Athletic Skills – Sports Day** | * Be able to attempt a variety of throwing techniques in order to improve accuracy * Know and understand how the position of the body affects throwing performance * Develop fundamental movement skills, becoming increasingly competent and confident * Access a broad range of activities to extend their agility, balance and coordination * Engage in competitive and cooperative physical activities in a range of increasingly challenging situations * Know and understand how different jumping techniques affect distance travelled |
| Assessment milestones | |
| * Master basic movements including running, jumping, throwing and catching * Develop balance, agility and co-ordination, and begin to apply these in a range of activities * Participate in team games, developing simple tactics for attacking and defending * Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. | |