



Prior Learning	
<p>This unit will build on the children's existing knowledge of gymnastics skills. Prior learning will be the ability to perform a forward and backwards roll, shaped jumps, cartwheel and mount and dismount the vault correctly. We will also be building on their knowledge of how to link movements to create a sequence.</p>	
Key vocabulary for this unit	
Take-off Straight jump full turn Cat leap half turn Landing Vault Springboard Hurdle step Rebound Straddle-on vault Straddle forward roll Backward roll to straddle	Fluency Evaluate Lunge Handstand Cartwheel Chassis step Pivot Sequence
Learning Sequence	
Jumps and Leaps	<ul style="list-style-type: none"> To perform a range of jumps and leaps.
Rolls	<ul style="list-style-type: none"> To perform a straddle forward roll and a backward roll to straddle correctly.
Vaulting	<ul style="list-style-type: none"> To perform a straddle on vault correctly
Handstands and cartwheels	<ul style="list-style-type: none"> To perform a lunge into cartwheel correctly.
Linking Movements	<ul style="list-style-type: none"> To link movements together by performing a straight jump full turn, a cat leap half turn and a pivot.
Performance	<ul style="list-style-type: none"> To work in a small group to create and perform a gymnastics sequence with a theme.
Assessment milestones	

<p>Working Gymnastically:</p> <ul style="list-style-type: none"> • To link a series of movements together to perform a short routine. • To practise and refine their own movements independently showing awareness of others around them and demonstrating good body control and strength. 	<p>Gymnastic Skills:</p> <ul style="list-style-type: none"> • Describe and perform recognisable movements including straight jump full turn, cat leap half turn, straddle forward roll, backward roll to straddle, handstand, cartwheel,
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PE – Invasion Games

Prior Learning

This unit will build on the children’s existing knowledge of invasion games and skills. Prior learning will be existing knowledge of dribbling, dodging and side-stepping, passing and receiving, attacking and defending skills.

Key vocabulary for this unit

Invasion skills Feint and dodge Territory Opponent Possession Anticipation Dribbling Passing Receiving Sidestep	Intercept Two-touch Technique Attacking Defending Strategies Guard Keeper ready position
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Learning Sequence

Universal Skills	<ul style="list-style-type: none"> • To practise common skills needed for invasion games.
Dribbling Skills and Drills	<ul style="list-style-type: none"> • To use a range of techniques to move with the ball.
Passing Skills and	<ul style="list-style-type: none"> • To pass and receive a football with increasing accuracy and success.

Drills	
Attacking Skills and Drills	<ul style="list-style-type: none"> • To use and understand attacking skills and strategies.
Defending Skills and Drills	<ul style="list-style-type: none"> • To use and understand defending skills and strategies.
Goalkeeping Skills and Drills	<ul style="list-style-type: none"> • To use goalkeeping skills and strategies to protect a goal. • To use attacking and defending skills in a game.
Assessment milestones	
<p>Working Athletically:</p> <ul style="list-style-type: none"> • To apply dodging and feinting in a game situation. • To mark an opponent in a game. • To anticipate where and when a ball will be passed. 	<p>Athletic Skills:</p> <ul style="list-style-type: none"> • To pass and move to receive a ball with accuracy and control. • To look up when dribbling. • To change direction quickly and feint a move. • To use skills and strategies to prevent goals being scored.