Year 5/6 Spring 1 PE Dynamic Dance



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Prior Learning	
Maying to the head of the groupic unit (Very 5)	
Moving to the beat of the music unit (Year 5).	
Key vocabulary for this unit	
Street dance	Routine
Canon	Choreograph
Unison	Timing
Mirror	Beat
Match	Fluency
Pose	
Learning Sequence	
1. To identify and practice the patterns and	 To observe and understand the style of street dance.
actions in a street dance style.	 To learn some street dance moves and devise poses.
2. To demonstrate an awareness of the	 To learn new moves that can be developed into a dance.
music's rhythm and phrasing when	 To explore dance patterns and moving the the beat.
improvising.	
3. To create a dance that represents a street	To know how to use expressive movements in dance.
dance style.	 To work with a partner to create a short dance phrase.
4. To create a dance as a group, using any	To work as a group and co-operate to adapt two routines and put
street dance moves.	them together.
5. To create a dance as a group, using any	To work as a group and co-operate to adapt two routines and put
street dance moves.	them together.
6. To perform and analyse own and others'	To perform in front of an audience.
performance.	•
•	To dance as a group in time to music in a street dance style.
Assessment milestones	

- perform dances using a range of movement patterns
 compare their performances with previous ones and demonstrate improvement to achieve their personal best.