Year 5/6 Autumn 1 PE Football Skills

Sterill	INGTON S	CHOOL

	MAINTINGTON SCHOOL
Prior Learning	
Children will have looke lunchtimes.	at football skills in previous years. Many children play football outside of school, as well as during
Key vocabulary for this	nit
Dribbling Passing Shooting Possession Defence Attack control	Receiving Balance Finesse Goalkeeper Positions gaining
Learning Sequence	
Dribbling	 Keeping control Finding a space Keeping moving
Passing	 Passing the ball Receiving the ball Teamwork Using the width of the field
Shooting	 Power shots Finesse shots Balance Using arms Controlling the ball Looking ahead

Possession in defence	Using the width of the field
	Winning and keeping the ball
	Getting wide in attack
Through balls to 1 vs 1	Through balls
_	Beating a goalkeeper
	Using space as a goalkeeper
Possession	Gaining possession
	Keeping possession
	Understanding player positions
Defence and attack	Defending
	attacking
Controlling difficult balls	controlling the ball
<u>-</u>	 using your whole body
Assessment milestones	
 play competitive games, mo 	odified where appropriate and apply basic principles suitable for attacking and defending

• take part in outdoor and adventurous activity challenges both individually and within a team