



PSHE – Being Me In My World

Prior Learning	
<p>This unit will build on the knowledge and skills learned in KS1. Prior learning will be the children’s understanding of who they are as individuals and also how they fit into the world and the rights and responsibilities that go with being a member of a class to make it a safe and fair environment.</p>	
Key vocabulary for this unit	
Included Excluded Valued Charter Role School Community Rights Responsibilities Democracy Consequence	Decisions Voting Democracy Authority Learning Charter Role Contribution Observer UN Convention on Rights of the Child
Learning Sequence	
Becoming a Class ‘Team’	<ul style="list-style-type: none"> • To know my attitudes and actions make a difference to the class team. • To try to make people feel welcome and valued.
Being a School Citizen	<ul style="list-style-type: none"> • To understand who is in my school community, the roles they play and how I fit in.
Rights, Responsibilities and Democracy	<ul style="list-style-type: none"> • To understand how democracy works through the School Council.
Rewards and Consequences	<ul style="list-style-type: none"> • To understand that my actions affect myself and others; I care about other people’s feelings and try to empathise with them. • To understand how rewards and consequences motivate people’s behaviour.

Our Learning Charter	<ul style="list-style-type: none"> • To understand how groups come together to make decisions.
Owning our Learning Charter	<ul style="list-style-type: none"> • To understand how democracy and having a voice benefits the school community. • To understand why our school community benefits from a Learning Charter and can help others to follow it.
Assessment milestones	
Social and Emotional Skills <ul style="list-style-type: none"> • To know how good it feels to be included in a group and understand how it feels to be excluded. • To take on a role in a group and contribute to the overall outcome. 	

Celebrating Difference

Prior Learning	
<p>This unit will build on the knowledge and skills learned in KS1</p> <p>Prior learning will be the understanding of how to show respect for similarities and differences and the understanding that uniqueness should be celebrated. This unit will also build on the children's prior knowledge of what bullying is and looks like both online and in real life and how to solve situations involving bullying.</p>	
Key vocabulary for this unit	
Character Assumption Judgement Influence Opinion Attitude Bullying	Deliberate Bystander Witness Cyber bullying Troll Unique Impression
Learning Sequence	
Judging by	<ul style="list-style-type: none"> • To understand that, sometimes, we make assumptions based on what people look like.

Appearances	
Understanding influences	<ul style="list-style-type: none"> • To understand what influences me to make assumptions based on how people look.
Understanding Bullying	<ul style="list-style-type: none"> • To know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure.
Problem-solving	<ul style="list-style-type: none"> • To explain why witnesses sometimes join in with bullying and sometimes don't tell.
Special Me	<ul style="list-style-type: none"> • To identify what is special about me and value the ways in which I am unique.
Celebrating Difference: how we look	<ul style="list-style-type: none"> • To describe a time when my first impression of someone changed when I got to know them.
Assessment milestones	
<p>Social and Emotional Skills</p> <ul style="list-style-type: none"> • To accept people for who they are. • To understand how it might feel to be a witness to and a target of bullying. 	

Changing Me

Prior Learning

This unit will build on the knowledge and skills learned in KS1
Prior learning will be the understanding that everyone is unique and special and that change can be something to look forward to but they know who they can talk to if they are feeling worried. The children will be building on their previous knowledge of how their body changes both on the inside and outside as they grow.

Key vocabulary for this unit

Uterus
Womb
Affection
Puberty
Testicles
Sperm
Penis

Ovaries
Ovum/Ova
Vagina
Stereotypes

Learning Sequence

How Babies Grow

- I understand that in animals and humans lots of changes happen from birth to fully grown, and that usually it is the female who has the baby
- I can express how I feel when I see babies or baby animals

Babies

- I understand how babies grow and develop in the mother's uterus
- I understand what a baby needs to live and grow
- I can express how I might feel if I had a new baby in my family

Outside Body Changes

- I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies
- I can identify how boys' and girls' bodies change on the outside during this growing up process
- I recognise how I feel about these changes happening to me and know how to cope with those

	feelings
Inside Body Changes	<ul style="list-style-type: none"> • I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up • I recognise how I feel about these changes happening to me and know how to cope with these feelings
Family Stereotypes	<ul style="list-style-type: none"> • I can start to recognise stereotypical ideas I might have about parenting and family roles • I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes
Looking Ahead	<ul style="list-style-type: none"> • I can identify what I am looking forward to when I move to my next class • I can start to think about changes I will make next year and know how to go about this
Assessment milestones	
<p>Social and Emotional Skills</p> <ul style="list-style-type: none"> • I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. • I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings. 	